### Rainbows 30th Birthday Challenge Badge

**Designed by Rainbows for Rainbows**

Complete One Clause from Each Area and Hold a 30th Birthday Party - Order Form on Page 6

<table>
<thead>
<tr>
<th>Thirty</th>
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<tr>
<td>test your counting skills!</td>
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<td>take care of the world around you</td>
<td>be a drama queen or sit back and enjoy a performance</td>
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<tr>
<td>meet someone involved in Guiding for 30 years or more</td>
<td>make a 30th birthday card - individual or large unit submission</td>
<td>plant 30 seeds and look after them</td>
<td>perform a piece of music at least 30 seconds long</td>
<td>see how far you can get in 30 steps or 300 steps?</td>
<td>take part in a new or adventurous activity for at least 30 mins</td>
<td>write a letter or draw a picture for someone in your local community, unit leader, school teacher etc and post it to them</td>
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<td>try and fill a match box with 30 items</td>
<td>make and decorate 30 buns or biscuits</td>
<td>donate 30 items to a local food bank</td>
<td>go on a trip to the theatre to see a performance</td>
<td>complete a scavenger hunt - try collect 30 different items</td>
<td>attend a Rainbow sleepover</td>
<td>learn thank you in 3 different languages</td>
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<tr>
<td>play Kims Game with 30 items</td>
<td>make a puppet or small toy</td>
<td>raise £30 for a charity and publicise it</td>
<td>take part in a back stage tour at a theatre, cinema, church or somewhere unusual</td>
<td>learn 3 simple stars or constellations - go outside and identify them or draw them on paper</td>
<td>imagine Rainbows in 30 years</td>
<td>do something nice for someone eg. help at home, make a gift, visit someone</td>
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To celebrate completing the 30th Birthday Challenge throw a party - try to have at least 30 people to attend - invite previous Rainbows and leaders to attend as well or instead why not attend an event with 30 Rainbows.

**Safety and guidance** - As with all guiding activities, please ensure you consider any individual needs, ability, food allergy etc., together with complying with guiding rules and guidelines please refer to The Guiding Manual or talk with your Commissioner.
Thirty

test your counting skills!

Meet someone involved in guiding for 30 years or more

- Invite someone along to a unit meeting who has been involved in guiding for over 30 years. This maybe a current or previous leader at your Rainbow Unit or another unit, a Commissioner or a Trefoil Guild member.
- Get the girls to think about what questions they may like to ask about their involvement in guiding, best bits, changes etc

Try and fill a match box with 30 items

- Challenge each Rainbow to fill a small match box with 30 items over a week at home.
- Let the girls get creative on how to fill the box.
- Things could include: a blade of grass, a button, a sequin, loom band, grain of rice etc

Play Kim’s game with 30 items

- Put 30 different items on a tray, these could be items available at your unit meeting place or Rainbow themed items eg. Pens, pencils, promise badge, rainbow bear etc
- Ask your Rainbows to look carefully at them for about thirty seconds. Then take the tray away and ask them to call out what they remember. Alternatively cover the items, take one or more items away and ask the Rainbows to identify what is missing.

Thrifty

make something useful using unusual items

Make 30th birthday card - individual or large unit submission

- Get creative by making a 30th Birthday card to celebrate the Rainbows Birthday.
- Think about how to make your card stand out - use different items from normal, different folding, maybe a different material.
- Units can submit either one large unit card or individual cards as entries, there will be a prize for 1st, 2nd and 3rd for both unit and individual entries.
- All cards to be received by 30th November 2017 (please post with badge order form) - please enclose a stamped self-addressed envelope if you would like your card(s) returning

Make and decorate 30 buns or biscuits

- Let the girls get creative in the kitchen - try make some biscuits or buns, depending on your facilities in your unit meeting place - you could even make crispy buns
- Why not sell the biscuits to help raise funds for your unit or Birk Crag Centre, Harrogate

Make a puppet or small toy

- Encourage the Rainbows to see how you can make new items from old items
- What about making a Sock Snowman, finger puppets from lollipop sticks and old material
- The girls could even put on a small performance at the end with their puppets or toys
Theatrical
be a drama queen or sit back and enjoy a performance

Perform a piece of music at least 30 seconds long

- Rainbows often love to perform - why not teach them a new song in groups and let them perform it to the rest of the unit, or at the end of the meeting so the parents can watch?
- Alternatively the girls may already know a song they would like to show everyone

Go on a trip to the theatre to see a performance

- Arrange a trip to the theatre (or similar) for the Rainbows - watch a performance eg. Panto
- Always make sure you have completed the relevant forms, risk assessment and advised your District / Division Commissioner about your outing

Take part in a back stage tour at a theatre, cinema, church or somewhere unusual

- Local theatres often offer tours behind the scene which the girls find really interesting and exciting - see if you can arrange one.
- Alternatively look behind the scenes at your meeting place eg a Church or somewhere unusual Kitchens of a local restaurant, supermarket etc
- Always make sure you have completed the relevant forms, risk assessment and advised your District / Division Commissioner about your outing

Threshold
go out and about from your meeting place

See how far you can get in 30 steps or 300 steps?

- Starting from a set point see how far you can get in 30 steps - maybe even try 300 steps - you could even turn it into a picture trail.
- Always make sure you have completed the relevant forms, risk assessment and advised your District / Division Commissioner about your outing

Complete a scavenger - try collect 30 different items

- Either give each girl a list of items they could find depending on where you are going
- Alternatively give each girl a piece of paper and take some sticky tape with you - encourage the girls to find 30 different items eg, leaves, petals, pine cones, acorns etc

Learn 3 simple stars or constellations - go outside and identify them or draw them on paper

- Pick some simple star constellation eg. Orion, Cassiopeia, Lacerta, the North Star etc.
- Take the Rainbows outside if you can to look at the stars or if not draw them on black paper
**Thrill**

**have an adventure**

**Take part in a new or adventurous activity for at least 30 mins**

- Challenge the girls to take part in, or try a different activity from what they usually do for at least 30 minutes.
- This could be an indoor climbing wall at a reputable local venue with a qualified instructor or or traversing wall, swimming, soft play, assault course - For Rainbow activities please see girlguiding.org.uk/what-we-do/our-programme-and-activities/activity-finder

**Attend a rainbow sleepover**

- Give the Rainbows an adventure by attending a Rainbow Sleepover, either your own unit or with another unit
- Always make sure you have completed the relevant forms, risk assessment and advised your District / Division Commissioner about your outing

**Imagine Rainbows in 30 years**

- Get the girls thinking about how Rainbows might have changed in 30 years
- What might they wear, what type of activities, do they still have badges, where do they meet. Hopefully some might be leaders of the future as they will be 35, 36 and 37 years old!
- Get the girls to draw a picture of a Rainbow in 2047

**Thank You**

**take time to say thank you**

**Write a letter or draw a picture for someone in your local community, unit leader, school teacher etc and post it to them**

- Help the girls write a letter, fill in the blanks or draw a picture to someone to say thank you
- Ask the girls to bring in the persons address and then send the letters in the post

**Learn thank you in 3 different languages**

- Challenge the girls to learn how to say Thank You in 3 different languages - maybe one of the Rainbows already knows a different language or you could try sign language?
- At the end of the meeting try and get each girl to say Thank You to a leader or Helper using one of the 3 languages they have learnt during the evening

**Do something nice for someone eg. Help at home, make a gift, visit someone**

- Encourage the girls to keep their promise by doing something nice for somebody.
- This could be simply helping out at home, making a gift or present for a friend, visiting a family member etc
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Order Form

When you have completed the Girlguiding North Yorkshire West Rainbows 30th Birthday Challenge please return this form and cheques (made payable to Girlguiding NYW) to: Mary Roberts, 77 Bilton Lane, Harrogate, HG1 3DT by December 31st 2017

Unit name:..........................................................................................................................................................................

Contact name:..........................................................................................................................................................................

Contact address:..........................................................................................................................................................................

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e-mail address:..........................................................................................................................................................................

I/we would like to order ............ Girlguiding North Yorkshire West Rainbows 30th Birthday Challenge badges at £1 each to be delivered to the address above.

Please add postage and packing to your order as follows; 0-9 badges 60p, 10-19 badges £1.60, and £1 for every additional 10 badges above 19 badges.

(Our Girlguiding North Yorkshire West Rainbows 30th Birthday Challenge is approved by Girlguiding Branding - see Appendix A)

I enclose £...........for badges + £...........for postage = £......................

+ optional donation to Birk Crag Centre £.............making a Total of £......................

All proceeds from the sale of the badges will go towards the Re-build of Birk Crag Residential and Training Centre, Harrogate.

After almost 50 years continuous use our current building is no longer fit for purpose and has reached a point where repair and renovation is no longer viable.

Birk Crag Centre is a training, activity and residential building owned by Girlguiding North Yorkshire West providing facilities for Rainbows, Brownies, Guides, Senior Section, Leaders and other groups on a weekly basis as well as residential facilities for overnight events, unit holidays, activity camps and a venue for day, evening and weekend trainings.

We have now been granted Planning Permission to build our replacement Centre, landscape the grounds to enable full use to be made of the land for all ages, together with alterations and improvements to the existing access.

The new Birk Crag Centre is designed to be environmentally-friendly, cost efficient and includes activity rooms, residential accommodation for up to 40, accessible facilities including wood-land nature trail, sensory garden, designated camp fire and outdoor skills area and County office, providing a multi-purpose base, modern and appealing to all.

For more information please visit: http://girlguidingnyw.org.uk/camps-holidays-activities/birk-crag-centre-development.
Ré: Girlguiding NYW Rainbows 30th Birthday Challenge

Brandling Matters <brandlingmatters@girlguiding.org.uk>
The Cresent
Peach Street
Grimsby
DN31 2NB

Anna Mackay <anna.mackay@live.com>

Subject: Branding Matters
Communications and PR Administrator

Girlguiding
17-19 Buckingham Palace Road
London
SW1Y 5BT

Tel: 020 7854 6248
www.girlguiding.org.uk

Girlguiding is the leading charity for girls and young women in the UK. We build girls’ confidence and raise their aspirations. We give them the chance to discover their full potential and encourage them to be a powerful force for good. We give them a space to have fun.

Dear Rebecca,

Thank you for your email – I can confirm that I have been in touch with the badge manufacturers who have agreed they are able to reduce the font size slightly so that we can fit all the required text on the badge.

Girls into Guiding North Yorkshire West

and then underneath the balloons and Guide logo as per original image attached.

Rainbows 30th Birthday

Please can you confirm this is not suitable and we can go ahead with the order?

With many thanks,

Anna Mackay

Subject: RE: Girlguiding NYW Rainbows 30th Birthday Challenge

Brandling Matters <brandlingmatters@girlguiding.org.uk>
The Cresent
Peach Street
Grimsby
dN31 2NB

Anna Mackay has shared a OneDrive file with you. To view it, click the link below.

Hi

I have attached a copy of the badge we are hoping to use for our County Challenge next year to celebrate the Rainbows 30th Birthday.

Please can you confirm if this badge is suitable and meets requirements?

With many thanks,

Anna Mackay

Leader – 1st Harrogate Rainbows, Harrogate

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